The BBC Community Development Corporation is a non-profit community-based organization with its mission to develop and maintain a positive relationship that will enhance the personal, educational, health care and economic development of those in the 29203 area as well as surrounding communities through an array of services that are offered in the community center.

## Justification or Request/Public Benefit:

Based on data collected on Zip Code 29203, there is a need to bring greater awareness to high blood pressure which is the most common chronic health issue in Zip Code 29203 at 45.2%. This is followed by 32.7% consistently dealing with high cholesterol. However, the most significant impact on health issues are associated with income which is 13% lower than the state of South Carolina. Unfortunately, 30.6% live below the poverty line.

The requested funds will be used to further advance identification, assessment, and implementation of programs designed to specifically address physical, social, emotional, mental, and financial needs of residents primarily in Zip Code 29203 and surrounding areas.

The focus areas will include but not limited to the following:

**Senior Aerobics** in a caring environment where seniors come weekly to participate in this low impact fun and healthy session. Lessons are given by a certified instructor.

**Technology Classes:** these classes are provided to seniors and other interested persons every 2<sup>nd</sup> Wednesday of each month to help them learn computer basic use in order that they can navigate through this technological space we live in. This class is also provided to person who may be seeking potential employment and have no or little skills.

**Food Insecurity** – partnership with the Harvest Hope Food Bank to distribute food boxes each Friday. We currently prepare and distribute approximately 160 boxes monthly to assist those in need. We also offer participants healthy cooking classes in order that they can learn to provide healthy meals for their family. We are presently experiencing growing food desert situations in this community.

**Missions** – to assist elderly widows with food bags. These persons may not be able to get out to obtain healthy meals. Provide clothes throughout the week for those men and women in need. This is a done in partnership.

**Preventive Health Services** - preventive health care such as high blood pressure/diabetes, along with social determinants are evident in the 29203-zip code area. Partnerships the Cooperative Health Care Clinic – virtual nurse and the Southeast Diabetes Faith Initiative that provides diabetes screening.

**Recreational League Play** – provides a safe environment for youth to grow physically and emotionally in team sports coached by persons who have a sincere interest in helping these young people not only grow athletically but academically as well.

Services provided by these funds will be utilized in partnership with established community agencies in order to maximize resources with a direct impact when possible.